Overcoming Temptation the Jesus Way

Study Guide for the book "The Tempter: His Tactic and How to Take Him Out"

Read: Matthew 4:1-11; Luke 4:1-14

1. Jesus could have yielded to temptation (Read Heb. 4:15)

- a. True
- b. False

Explain: _____

2. How does knowing that Jesus was just as much a man as He is God help you in dealing with temptation:

a. This knowledge devastates me and rocks my world so it is no help at all

b. This knowledge lets me know that Jesus is my perfect example

c. Other ______

3. Have you ever known that you were about to be confronted with a warfare with temptation?

- a. What did you do to prepare for it?
- b. If you did not prepare properly, what do you plan to do in the future when knowing you are about to engage in a warfare?

4. Is God involved in our temptations in any way?

a. If so, how is He involved?

b. Who is the primary source of temptation?

c. Why is it important to know exactly who is behind the temptations we face?

5. We can resist temptation without any supernatural help from God.

a. true

b. false

Explain: ______

6. How important is knowing Scripture in resisting temptation? (Read Psalm 119:9-11)

a. Very important. We cannot resist temptation without knowing God's Word.

b. Slightly important but not vitally necessary.

c. All you need is to call on God when tempted. No need to know the Bible.

Explain: _____

7. Read Gal. 5:16-25. Explain what you believe the Bible means when it speaks about "the lust of the flesh." Do you believe that this can be overcome? Why or why not?

8. Why should we be careful about what we "look at?" (Read Gen. 3:1-7 and Matt. 5:28)

a. Certain things are very appealing to the eyes and such leads to sin.

b. Only a sissy would fall into sin from looking at something.

c. It's not the looking that matters; it is the physical act that counts in God's eyes.

Explain: _____

9. Read 1 John 2:16. Back in the mid-80s, a group of singers got together and song a popular song titled, "We are the world." Is this song true for the born again Christian?

a. Yes

b. No.

Explain: _____

10. Have you ever had to deal with the area of pride? How did you resolve the issue if you overcame it? If you have not yet overcome it, what steps do you intend to take in order to do so?